

Pīkai 'Ai I'a

Kūkahale, a collaborative program between Honolulu and Kapi'olani Community Colleges, invites you to join us for **Kīpaipai Aloha [Inspire Aloha] ~ PĪKAI 'AI I'A**, a talkstory focused on learning about and experiencing the "ingredients" of a **pīkai** [Hawaiian ritual sprinkling with water and salt] and traditional cooking methods utilizing healing 'ai [plants], and i'a [fish] to cleanse and feed us physically and spiritually

Come ready to have fun, share space, pīkai, prepare foods, and taste



Friday, May 3, 2024

2:00pm - 4:00pm

@ Kapi'olani Community College

<<<< REGISTRATION REQUIRED

'Looking forward to seeing you there... Kīpaipai Aloha [Inspire Aloha]

Contact Mahi La Pierre with any questions at lapierre@hawaii.edu

